QUIZ

While lifting a heavy object you should: (TRUE AND FALSE)
a.) Face the object
b.) Stand as close to the object as possible
c.) Keep your feet together

RADIOACTIVE WASTE BURIAL FORMS

Two new radioactive solid waste burial forms are available in Stores: Non-Transuranic Solid Waste form #54-3000-581
Transuranic Solid Waste form #54-3000-623

Separate solid waste burial forms are required for waste packages under the following categories: Non-Transuranic, Transuranic Combustible, Transuranic Noncombustible, Non-Transuranic absorbed liquid organics <150° flashpoint, Non-Transuranic absorbed liquid organics ≥150° flashpoint, Transuranic absorbed liquid organics <150° flashpoint, and Transuranic absorbed liquid organics ≥150° flashpoint. Contact: Manford Leale (376-1483).

SAFETY GUIDES

Industrial Health and Safety has extra copies of PNL-MA-43, Safety Guides available. If you feel that you need ready access to the valuable information in this manual please stop by the 3762 Building (Laboratory Safety Department) and request a copy. Contact: Connie Cranna (376-3645).

EXTRA EXTRA READ ALL ABOUT IT!

A special issue of the "Exchange" will be published during January. The issue will discuss Job-Specific Training and documentation, and will provide tips on how to provide the training. If you are a manager - don't miss this special issue.

PRODUCT INFORMATION

Fedron is a solvent used to clean word processing printers. It is flammable and should be used with care. If you are currently using this solvent on your word processing equipment, contact Jeene Hobbs (376-1631) for handling and storage instructions, or cleaning substitutes.

QUIZ ANSWER

a.) TRUE. Face the loading point to avoid twisting. Some of the most serious back injuries are caused by a person twisting during lifting or setting down a load.

b.) TRUE. Keep the load close to your body to reduce back strain. Strain increases as the load's distance from the body increases.

c.) FALSE. When lifting or setting down, you get the most power from your legs if your feet are about a foot apart (12 in.) or about the same width as your shoulders.

EMERGENCY NUMBERS: Industrial Health and Safety Duty Officer...Pager Number 85-642
Radiation Monitoring Off-Shift Coverage.....Pager Number 85-644

HAPPY HOLIDAYS!